MARCH 13, 2020

INAGINE*SOCIETY

SPECIAL KIDS SPRING BREAK QUARANTINE EDITION!

Just because you're home for this spring break, doesn't mean you can't have fun and also do something good for others!

Many of us may be experiencing some **anXiety** right now, and that is ok. However, there are many practical things we can be doing to keep ourselves and our family safe let's focus on those things! There are also many ways we can channel our discomfort

into **positive** action!

How can we find some goodness in this situation? Here are some ideas!

- *Spend quality time with your friends and family playing games, doing puzzles, researching charities that might need extra donations during this time.
- *Develop a new skill! Learn how to dance, or sew or spend time getting better at something you already enjoy like drawing or playing an instrument!
- *Reach out to your elderly family members and let them know you love and care about them. Make sure they are feeling good and find out if they need any help.

Sometimes it can feel like there's a lot of confusing information on TV and online and it can be hard to know what's real and reliable.

Here are some websites that can help give you credible information.

Centers for Disease Control and Prevention <u>www.cdc.gov</u>

World Health Organization <u>www.who.int</u>

KEEP CALM AND OUVE



CHARITY SPOTLIGHT!

Shout out to The Saint Patrick's Warriors who successfully executed their "IT SUITS YOU!" project where they cleaned, steamed, ironed, repaired, bagged, labeled, and delivered over ONE HUNDRED pieces of high end business attire to the Bowery Mission East Harlem Mens Program as part of their Job Readiness Initiative!

Thanks to the generous donations of the people who care especially David Berney!







To find out more about what The Warriors are up to follow them on Instagram @warrioryouthnyc

YOU CAN HELP TOO!

WARRIORS SPRINGTIME BASKET DRIVE!



It's time for the Annual St Patrick's Warriors Spring Basket Drive for the homeless mothers and babies at the Siena House Shelter! (www.sienahouse.org) We have already purchased the baskets and decorative grass and now we have to fill it up with treats, books, and toys for the babies as well as lotions, slippers and products for the mommies! Please help us make 27 baskets!

Log onto <u>www.amazon.com</u> Search "baby registry" name "Warriors Baskets"







If you have a story, would like to share something great that you or your group is doing, would like to contribute to the next Imagine Society Newsletter or even be a guest editor please email us at outreach@theimaginesociety.org



- 8. When you can concentrate and be peaceful.
- 10. A very popular organ that even represents a holiday.
- 3. Pure happiness.
- 4. A period in which there is no war.
- 7. Protection from the outside elements.
- 9. Courtesy or goodwill.